

BADMINTON AT ARLINGTON RECREATION **APRIL 5 TO MAY 17 — MONDAY AT DALLIN SCHOOL**

Starting on **Mondays, April 5 thru May 17**, ArlRec will be sponsoring a 6-week session. There will be a few changes from what was printed in the catalog. One difference is that Pashu will not be leading it, as he will not be available. Instead there will be a class dedicated to **'BASICS'**, a session for **'FAMILIES'**, plus a court will be available for **'PRACTICE'**. Plastic shuttlecocks will be supplied. Some rackets will be available for use or purchase.

From **6:10 to 7:15 pm**, there will be another session similar to this past one for **'JUST FAMILIES'**. This session is structured for families to play with their children. The class will start with warm-up moves and family hitting, followed by drills and hitting led by Chauncy Liu. While the children 'drill', the adults/parents will play. Some nights will be just 'playing' by parents and the youths. Family fees: \$55 for one, \$105 for two, \$145 for three, \$175 for four.

From **7:15 to 8:45 pm** there will be a **'BASIC CLASS'** for 8 players on two courts. This will also be an opportunity for the person that never really played 'well' and would like to re-learn to play efficiently. Each week the class will start with warm-up moves, followed by racket holding and hitting, basic footwork, and practice with individual attention geared to the level of the player. Chauncy Liu will be coaching the class. The evening will end with game-playing practice. Fee \$95 per person.

From **7:15 to 8:45 pm** there will be **'PRACTICE'** for 6-9 players on one court. No structured coaching—just the opportunity to practice. The option for a group of 2-6 players to rent the court for the 6-week session is also available. If you would like to do this, be sure to make arrangements before the program's start date. Fee \$55 per person or reserve the court for private use for the 6 wks \$275.

RESERVE EARLY — SESSIONS FILL FAST

Question? Email me or call me anytime between 11 am and 11 pm. -Elaine 781-646-8681

Arlington Recreation

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ArlRec Badminton Club

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Dallin School – 185 Florence Avenue and George Street, Arlington Heights
park behind the school, enter via left door, walk straight to gym